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**Sanctus Catholic Art & Saints**



**Sacred Heart of Jesus**

**Celebrated 19 days after** [**Pentecost**](https://en.wikipedia.org/wiki/Pentecost)**.**

O most holy heart of Jesus, fountain of every blessing, I adore you, I love you, and with lively sorrow for my sins I offer you this poor heart of mine. Make me humble, patient, pure and wholly obedient to your will. Grant, [Good](http://www.catholic.org/encyclopedia/view.php?id=5257) Jesus, that I may live in you and for you. Protect me in the midst of danger. Comfort me in my afflictions. Give me health of body, assistance in my temporal needs, your [blessing](http://www.catholic.org/encyclopedia/view.php?id=1948) on all that I do, and the [grace](http://www.catholic.org/encyclopedia/view.php?id=5305) of a holy death. Amen.